

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2



Margherita pizza & oven baked wedges



Mixed bean bolognese with penne pasta



Vegetable sausages with roast potatoes & gravy



Pea-powered vegetable stir fry with carrot rice



Vegetable nuggets, chips & tomato ketchup



Pepperoni pizza & oven baked wedges

Beef & lentil bolognese with penne pasta



Roast gammon with roast potatoes & gravy

Creamy coconut chicken & chickpea curry with carrot rice



Fish fingers, chips & tomato ketchup

Veggies



Broccoli



Carrots & peas



Carrot & cabbage



Broccoli & Cauliflower



Baked Beans



Filled Rolls



Ham

Cheese

Tuna Mayo

Ham

Cheese

Sweet Treats



Lemon shortbread biscuit



Chocolate & banana brownie sponge



Apple Strudel & Custard



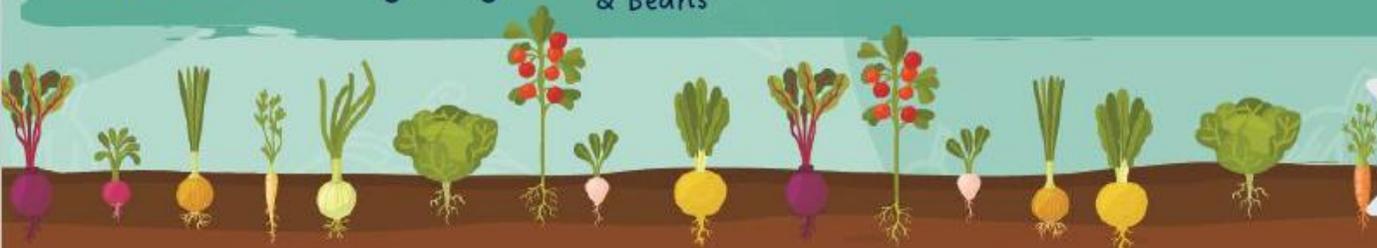
Baked apple & cinnamon sponge



Chocolate Shortbread



Available Every Day - Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY

Wholegrain  Vegetarian 

Nutritionist's Choice 

Vegan 

Main Meal

OPTION 1

OPTION 2



Veggies



Filled Rolls

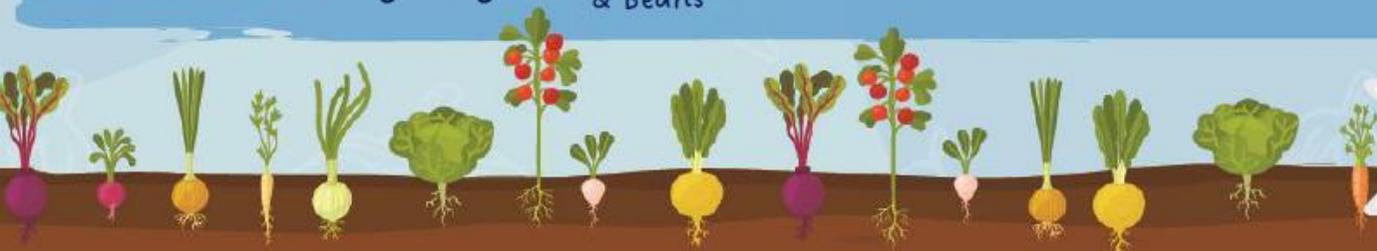


Sweet Treats



	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	Margherita pizza & oven baked wedges 	Pea-powered vegetable pie & new potatoes 	Cheesy cauliflower pasta bake 	Veggie all day breakfast 	Quorn dippers, chips & tomato ketchup 
OPTION 2	Tomato, spinach & salmon pasta 	Chicken & vegetable pie with new potatoes	Roast turkey breast, roast potatoes & gravy	All day breakfast, with pork sausages (beef casings)	Fish & chips with tomato ketchup
Veggies	Broccoli 	Peas 	Carrots & cauliflower 	Baked beans 	Peas 
Filled Rolls	Ham	Cheese	Tuna Mayo	Ham	Cheese
Sweet Treats	Traditional Flapjack 	Oaty apple crumble & custard 	Chocolate Mousse 	Carrot cake with orange glaze 	Chocolate fruit crispie cake 

Available Every Day - Crunchy colourful salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY

- Wholegrain 
- Nutritionist's Choice 
- Vegetarian 
- Vegan 

Monday **Tuesday** **Wednesday** **Thursday** **Friday**

Main Meal

OPTION 1

OPTION 2

Pea-powered mild chilli with rice	Vegetable sausages & mashed potatoes with gravy	Pea-powered cottage pie with gravy	Baked creamy mac 'n' cheese	Vegan Sausage roll, chips & tomato ketchup
Mild beef & lentil chilli con carne with rice	Pork sausages (beef casing) with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	BBQ chicken loaded mac 'n' cheese	Fish fingers, chips & tomato ketchup
Sweetcorn	Peas & carrots	Broccoli & carrots	Selection from the salad bar	Baked Beans
Ham	Cheese	Tuna Mayo	Ham	Cheese
Chocolate Shortbread	Apple & summer berry crumble with custard	Lemon Sponge & Custard	Garden Brownie	Strawberry Mousse

Veggies

Filled Rolls

Sweet Treats

Available Every Day - Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY

Wholegrain Vegetarian

Nutritionist's Choice Vegan