



Welcome to Year 1



Year 1 Class Team

Teachers

Mrs Riley

Teaching Assistants

Mrs Haddington

Miss Rowntree





Daily Routine

- Doors open at 8:45am- please don't leave children unattended before then.
- Doors close at 8:55am - after this time please go in through the office.
- Child protection - please do not come into cloakrooms.
- If there is any change regarding pick up (e.g. different adult collecting/going to a friend's house for tea,) please send an email to office@cvps.rklt.co.uk so that we have written confirmation of the arrangements.
- Pick up time is 3.25pm from the classroom
- Children can bring healthy snacks from home (e.g. fruit) Snacks are taken outside at breaktime so please send a snack that is easy to eat outside.
- Water bottles from home please label.
- Lunches – KS1 – children receive free school meals
- PE days – Thursday and Forest School Wednesday for this half term.
- beech@cvps.rklt.co.uk

Uniform



Our Uniform

Smart, practical and ready to learn

Brave • Kind • Curious

BASIC UNIFORM



- ✓ Grey or black smart trousers, skirt, culottes, pinafore or shorts. No leggings.
- ✓ Black, grey or white socks. Tights should be grey or black.
- ✓ Navy polo shirt (branded available). Shirts tucked in at all times.
- ✓ Navy cardigan or sweatshirt or jumper (branded available). No hoodies for non-PE days.
- ✓ Black, flat school shoes. Plain white/black/navy sandals in the summer if desired, worn with socks.

✗ No long or Ugg-style boots, Crocs, heeled shoes or flip flops. They are not practical at school all day and can be unsafe. Children need footwear they can run in and sit cross-legged on the floor in comfortably. Be wary of slip-on shoes that do not stay on well.

- ✓ Trainers must not be worn out of PE days.

FOREST SCHOOL



- ✓ Children's arms and legs should be covered for Forest School sessions.
- ✓ Plain navy joggers/leggings
- ✓ Long sleeved navy or black top
- ✓ Plain trainers
- ✓ Plain, zip-up navy hoodie (branded available)
- ✓ No jewellery
- ✓ No branded items (unless a school-branded item is chosen).

Depending on the weather, children may need:



Wellies



Plain black or navy waterproofs



Hat and gloves as appropriate

PE KIT



- ✓ Plain navy shorts/joggers/leggings
- ✓ Plain white or navy t-shirt
- ✓ Plain trainers
- ✓ Plain, zip-up navy hoodie (branded available)
- ✓ No jewellery
- ✓ No branded items (unless a school-branded item is chosen).

✗ No jewellery



OUTDOOR CLOTHING



We do not specify any particular outdoor coat, hat, scarf, wellies or gloves.
Please ensure that all outdoor clothing is named.



HAIR

- Long hair should be tied back for hygiene and safety.
- Use simple hair bands or clips.
- No large bows or fashion accessories.
- Hair style and colour must be appropriate for school. Extreme styles and colours should be avoided.

JEWELLERY & VALUABLES



Jewellery should not be worn at school (including wristbands, bracelets and fitness trackers). This is because it can cause potential damage to both the wearer and other children, particularly during sporting activities.

If ears are pierced pupils may wear one set of plain, flat studs.

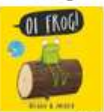


Thank you for supporting our uniform policy.

It helps us keep everyone safe, comfortable and ready to learn.



Year Overview

Subject	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Writing	Some Dogs Do 	Dragon Post 	Stella and the Seagull 	Lost Toy Museum 	Astro Girl by Ken Wilson-Max  Little dreams big people (Mae Jemison)	Oi Frog  Who are you? By Smriti Halls
Writing Outcomes	Short Burst Writing Focus	Letter Writing	Narrative	Advert	Fact File	Poetry Rhyming narrative Narrative
Maths	Place Value (within 10) Number Formation	Addition & Subtraction (within 10) 3D Shapes	Place Value (within 20) Addition & Subtraction (within 20)	Place Value (within 50) Length & Height Mass & Volume	Multiplication & Division Fractions Position & Direction	Place Value (within 100) Money Time
Science	Everyday Materials		Plants		Animals Including Humans	
Geography	Our School Grounds & Our Local Park	My school grounds	The world and my school			
History				Changes in toys	Famous Explorers	Kings and Queens
Music	Keeping the pulse (My favourite things)	Tempo (Theme: Snail and mouse)	Dynamics (Seaside)	Sound patterns (Fairytales)	Pitch (Superheroes)	Musical symbols (Under the sea)
Art	Drawing (Developing mark making in different mediums) Wax Resist		Sculptures (Manipulating and joining clay) Barbara Hepworth (Clay sculptures)		Collage and Printing (Layering and printing to create texture with different materials.)	
DT		Mechanisms: Sliders Food Technology: Combining ingredients		Structures: Designing products with a clear purpose		Textiles: Develop running stitch technique Cross stitch bookmarks



Homework

- Reading – we would ask that children read at home daily. Each child has a reading record. Please sign the reading record and write down which pages have been read by your child. There is no requirement for you to write any notes about their reading.
- Numbots-each child now has their own log in.
- One minute maths-White Rose app is really good 😊
- Reading scrapbook – this will go home with a different child each week for them to create a book review on their favourite book or most recent read.



Why read for 20 mins a day?

Supports progress and attainment

Reading 20 minutes a day exposes children to 1.8 millions words per school year and supports children's attainment across the curriculum.

Supports wellbeing

- Reading stimulates the development of imagination
- Reading fiction stimulates creativity
- Support development of empathy
- Supports relaxation at bedtime.



Reading – how you can support at home

- Children have a reading book matched to their current reading level and a library book/ reading for pleasure book which they will bring home
- Please support your child to read at home daily – aim for 20 mins
- Record when your child has read at home in their reading record
- Children should bring their reading record and reading book(s) to school with them each day

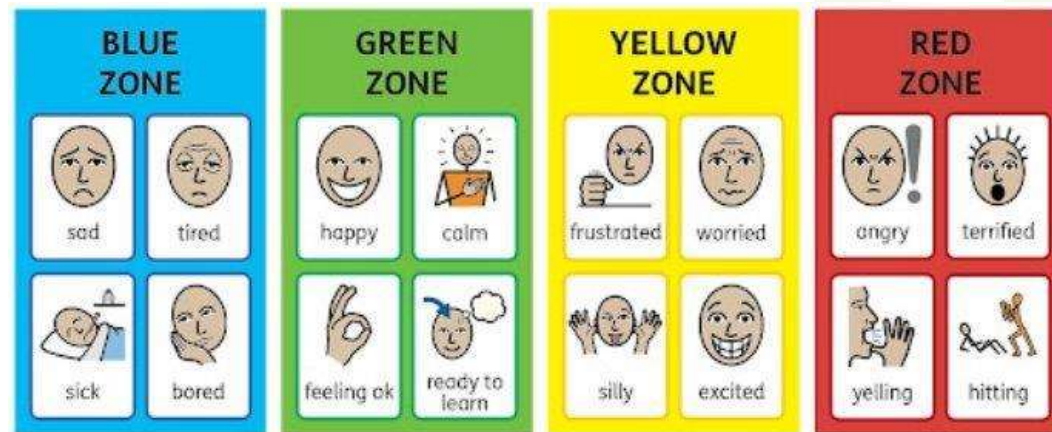


Handwriting

As a school we follow the Letterjoin handwriting scheme.

EYFS	Year 1	Year 2
a b c d e	a b c d e	a b c d e
f g h i j k	f g h i j k	f g h i j k
l m n o p	l m n o p	l m n o p
q r s t u	q r s t u	q r s t u
v w x y z	v w x y z	v w x y z

Zones of Regulation



The Zones of Regulation is an approach designed to teach self-regulation and emotional control.

It sorts feelings and states of alertness into four coloured zones.

All feelings and zones are okay, but we want to teach children the tools to be able to recognise how they are feeling, and regulate themselves back to the green zone, so that they are happy, calm and ready to learn.



Zones of Regulation

Each morning, the children will have a choice of different mindful and calming activities when they arrive at school.

For example, writing in their journal, colouring, reading a book or chatting with a friend.

This will give everybody time to regulate themselves and hopefully feel calm and ready for the day ahead.



I can try again if I make a mistake

Ready to Reflect
Journaling

Write about a time that you have felt calm.



Ready to be Mindful
Mindfulness activity

Choose a mindfulness activity to stick into your journal and begin or continue one that you're already working on.

SUDOKU

BACK TO SCHOOL

How do you feel today?

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE
sad	happy	neutral	angry
tired	calm	worried	embarrassed
sick	bored	shy	jealous
excited	relaxed	fearful	hitting



Keep in touch...

- Please keep us informed on anything that may have an influence on your child.
- If we can help with anything, just ask! - sleep difficulties, routine suggestions, bereavement, mental health, etc.
- Catch us at the door in the morning or at pick-up or email us: beech@rklt.co.uk