

## Spring 2 Key Knowledge - Healthy Me

In the Early Years Foundation Stage we want all children to acquire key foundational knowledge alongside their phonic and mathematical knowledge. Below are the essential 'roots' we have identified our children need to have success in the next stage of their education and in later life.

I can use positional language (under, besides, on top of)

I know some different factors that keep me healthy - exercise, healthy eating, toothbrushing, sensible amounts of 'screen time', having a good sleep routine, being a safe pedestrian.

I know how I've changed since I was a baby.



Oak Class Roots



I know the name of parts of the body.

I can perform for an audience - Coppice 50

I know the people in my community who keep me safe - fire service, doctors, police service

I know collage is the style of Eric Carle.

I know I have 5 senses.

## Vocabulary

Healthy, non- healthy, grow, change, germs, senses, see, hear, feel, smell, taste, t Spring, Season, lighter, darker, shadow